

Assessment

Plan B *Revised Edition*

The objectives of this book are:

- To present the principles of a Plan B and life goals
- To explain a strategy for developing a Plan B
- To show the positive results that a Plan B provides

■ CRISP_{series}

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Assessment Questions for Plan B, Revised Edition

Select the best response.

1. A starting psychology for Plan B is to see your job as:
 - A. A paycheck and benefits
 - B. The way you support yourself
 - C. Opportunity for new directions
 - D. Safety

2. Your life goal should be:
 - A. Altruistic
 - B. Creatively successful
 - C. Inspiration for life

3. The best way to set a life goal is to ask a trusted friend or mentor.
 - A. True
 - B. False

4. A Plan B:
 - A. Is a cushion against the shock of change
 - B. Strengthens your present position
 - C. Eliminates the need to keep up with changes
 - D. A and B
 - E. B and C

5. To construct a Plan B, you must:
 - A. Simply believe in it
 - B. Research and develop your plan in writing
 - C. Keep the idea in the back of your mind

6. With good education and ability, you will probably:
 - A. Find a permanent job
 - B. Face changes in your career
 - C. Have lifetime benefits
 - D. Be able to work full time as long as you want to

7. The Plan B habit:
 - A. Should be restricted to job and career matters
 - B. Should be part of every day situations

8. The Plan B philosophy involves:
 - A. Learning about opportunities
 - B. Making contacts
 - C. Learning more about your present job
 - D. All of the above

9. Plan B needs to be developed when Plan A is in full operation.
 - A. True
 - B. False

10. To deal with your Plan A at work, you should:
 - A. Accept any new responsibilities available
 - B. Improve your productivity
 - C. Be positive
 - D. A and B
 - E. B and C

11. Your present job should be considered:
 - A. A place to go but not to learn
 - B. A learning station
 - C. A time waster in your job search
 - D. Useful, but a handicap
 - E. All of the above

12. When change occurs, people may:
 - A. Form barriers against it
 - B. Develop negative attitudes
 - C. Find mentors to help cope
 - D. All of the above

13. Every job specialty has:
 - A. Its own competency standards
 - B. Competencies that change
 - C. Technical but not human skill requirements
 - D. All of the above
 - E. A and B

14. Formal training is always preferable to self-instruction.
 - A. True
 - B. False

15. Networking ought to be:
 - A. Mutually rewarding
 - B. Outside your present organization
 - C. Only with professionals
 - D. All of the above

16. An information interview is really an employment interview.
 - A. True
 - B. False

17. To be most effective, your Plan B should:
 - A. Be kept a secret from your present employer
 - B. Be used both outside and inside your present position
 - C. Clearly enhance your potential
 - D. A and C
 - E. B and C

18. A Plan B:
- A. Is for young people
 - B. Is best if it is a full-time project
 - C. Often requires additional learning
 - D. Is best for people with non-technical backgrounds
19. Most intelligent people have a well-developed alternative career plan.
- A. True
 - B. False
20. There is nothing unethical about preparing a Plan B while you continue to perform your current job as long as:
- A. You continue to perform your job effectively
 - B. You discuss it with co-workers or superiors
21. Your Plan B:
- A. Should be written
 - B. May take six months or more to complete
 - C. Should be complete at the start
 - D. All of the above
 - E. A and B
22. It is too late to prepare a Plan B when you are laid off from your current job.
- A. True
 - B. False
23. A good prospecting system:
- A. Is tailored to each job search
 - B. Involves extensive research
 - C. Reaches into all segments of the employment market
 - D. All of the above

24. Your Plan B should:

- A. Help protect your mental health
- B. Pay you interest
- C. Be reviewed regularly
- D. All of the above
- E. A and C

25. A résumé should:

- A. Be one or two pages long
- B. Be tailored to a particular job
- C. Be accompanied by a cover letter
- D. All of the above

Answer Key for Plan B, Revised Edition

Recommended response (Corresponding workbook page)

1. C (2)	6. B (19)	11. B (36)	16. B (52)	21. E (70)
2. C (4)	7. B (21)	12. D (37)	17. E (55)	22. A (86)
3. B (5)	8. D (25)	13. E (40)	18. C (61)	23. D (90)
4. D (9)	9. A (28)	14. B (45)	19. B (63)	24. D (79)
5. B (14)	10. E (33)	15. A (50)	20. A (67)	25. D (92)